



# Mundare School

A school of dignity and respect  
Box 319, Mundare, AB T0B 3H0  
Telephone: 780-764-3962

## February 2018

### upcoming events

#### Upcoming Dates to Remember

- 1 ECS Day
- 2 Jump Rope for Heart donations due  
ECS Day
- 6 Safer Internet Day  
Hot lunch orders due  
ECS Day
- 7 Early dismissal @ 2:35
- 8-9 Teacher Convention- no school
- 12 Grilled Cheese with veggies lunch
- 12-16 Random Acts of Kindness Week
- 13 ECS Day
- 15 Grades 1-6 ski @ Sunridge  
ECS Day
- 16 No school for staff and students
- 19 Family Day- no school
- 20 ECS Day
- 22 Boston Pizza lunch  
ECS Day
- 23 Crazy Hair Day
- 26 School Advisory Council meeting @ 6:30
- 27 K-2 dental visit  
ECS Day  
March hot lunch order forms sent home
- 28 Pink Shirt Day

## Principal's Message

Elk Island Public Schools is committed to improving how we can best deliver rigorous programming more effectively and efficiently to better suit the needs of our students, our families and our schools.

One new process for the 2018/19 school year is the pre-enrolment procedure for all returning students in every school. The pre-enrolment process allows the Division to verify all student information for every child prior to the start of the new school year. This more accurate information will allow EIPS to more effectively allocate resources based on student needs in every school. As well, to be PASI (Provincial Approach to Student Information) compliant, all registrations will be done online at [www.eips.ca](http://www.eips.ca).

At Mundare School, we will be contacting parents/guardians of every student that currently attends school to confirm your enrolment for next year. This registration process will begin in March. At this time, families can indicate the school their child plans to attend; apply to non-designated schools and update required information. This step should eliminate the need for Correction Forms in September. (Mrs. McNeely still says that she will be sending home correction forms in September.☺)

There will be **no** Out-of-Boundary Exemption Request forms this year, instead pre-enrolment for a non-designated schools will occur from March 1- March 15 without exception. Pre-enrolment at a non-designated school is based on available space and busing costs for a school of choice will apply.

We sincerely hope, even with more choice available to you, that we can continue to serve and support your child's learning. We believe that we offer an exceptional school experience and hope that our community will continue to support the school.

Please feel free to contact the school at 780-764-3962 if you require further clarification or assistance with the online registration form. Remember it is open on March 1.

A gentle reminder to all parents/guardians with students in grades 4-8. Please take a moment to participate in Alberta Education's Accountability Pillar which collects data on 16 indicators. You can expect to receive the survey in the mail and we greatly appreciate your honest feedback.

Sincerely,

Liane Schultz



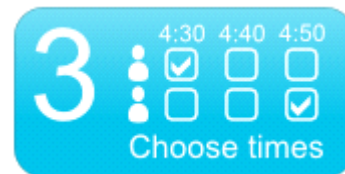
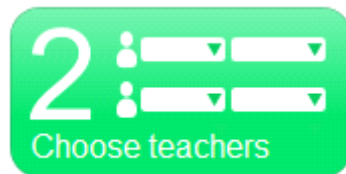
Book School Interviews Online

Dear Parents,

Parent / Teacher / student interviews will be held on Tuesday, March 6 and Wednesday, March 7 from 5pm-8pm. Go to <https://www.schoolinterviews.ca/code> and use the code **bkrxp** to log in and book your interview by following these three steps.



\*Remember to follow our school on Facebook and Twitter and synch our calendar with yours at [mundareschool.ca](http://mundareschool.ca)



When you click finish, your interview timetable will be emailed to you automatically (check your junk folder). You can return to school interviews at any time to change your interview prior to the closing date. Please be sure to use the same name and email that was used for the original booking. Bookings will remain open until 4:00 p.m. on March 6.

If you experience any difficulties, please call the school at 780-764-3962 and we will gladly assist you. Interviews are strictly limited to 15 minute blocks and spaces are limited. If you require more time, please contact your child's teacher and make alternate arrangements.

Nb



## student news

### Mundare School Reads with the World



Since 1965 “World Literacy Day” (WLD), at the end of January, has been celebrated in many countries and in many ways, but always with the same goal in mind; uniting humankind in recognizing the importance of reading and writing with a goal of eliminating illiteracy. In today's globalized instantaneous society, being literate is not only desirable, but essential. Twin to this is having the ability to interpret and comprehend what is read and to be able to express understanding or communicate a written or verbal response. The encouragement and fostering of literacy skills both by teaching and modelling, plays an integral part in what will become a rapid cycle of communication. Learning the gentle art of stepping back from the busyness of life and enjoying a great book is a wonderful tool toward good mental health. To this end, here at Mundare School we took the time to show our support for EIPS literacy goals, WLD, Mental Health and our *LOVE OF READING* as we gathered in the gym as a whole school (staff even brought their “home reading” books), listened to a story, and then spent 15 lovely minutes reading to ourselves.

### Health Fair

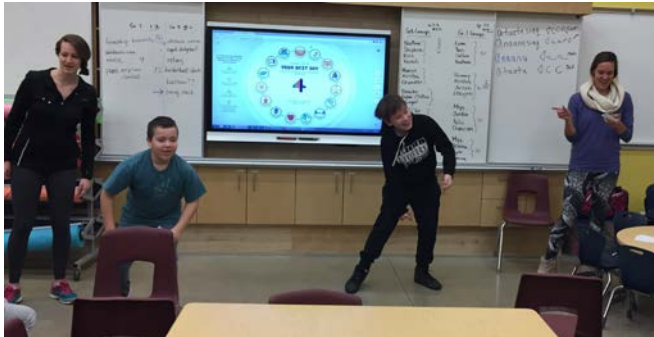
On Thursday, January 25 we held a health fair at Mundare School for grades 6-8. Mundare School has taken on a healthy active approach across the grades this year and we have included this goal in our School Education Plan. We are focusing on being active, eating healthy and having a healthy mind! The Primary Care Network out of Fort



\*Remember to follow our school on Facebook and Twitter and synch our calendar with yours at [mundareschool.ca](http://mundareschool.ca)

Saskatchewan was able to support our initiative and sent out an exercise specialist, dietician, and a social worker.

Ciara Kallal BScKin, CSEP-CEP®, NSCA-CSCS®, IHC, Primary Care Exercise Specialist, created an engaging morning where the students were able to use an online program to determine if they were getting a balance of sleep time, sweat time, sitting time and standing time. The students then played charades to show examples of each. They finished off the session with a range of exercises, some of which were push-ups, jumping jacks and sit-ups.



*Celene Winterton RD BSc. Registered Dietitian* had the students playing nutrition jeopardy to learn about Canada's Food Guide and healthy eating habits. The students really enjoyed this session.

Jennifer de Haan, MSW, RSW (Social Worker) focused her session on anxiety. The students watched a short video and spent the rest of the

session learning causes of stress and ways to deal with it. Many grade eight students told me afterwards they found it very informative and learned a lot of new information.

We had a successful morning where the grade 6-8 students were able to attend all three presentations.

### **First Nations, Metis and Inuit Education**

Goota Desmaris, an Inuit presenter, spoke to grades 3, 5 and 7 about her traditional culture, language and food. Students who brought back permission forms were able to try whale blubber and seal meat. Goota also brought in several skins and pelts made in to clothing and other useful household items and demonstrated to the students how traditional Inuit peoples prepared and cooked their food.



### **Pink Shirt Day**

Mundare School is joining with Elk Island Public Schools and many communities to help raise awareness of bullying. As many students and staff have in the past, we will wear pink shirts on Wednesday, February 28, 2018 to show support for this important cause. This year, Pink Shirt Day has a special focus on Cyberbullying.

“In today’s digital world, it can be impossible to escape online bullying, whether it takes the shape of harassment, spreading rumours, sharing embarrassing information or threats. This year, Pink Shirt Day is encouraging others to combat cyberbullying by thinking twice before posting



\*Remember to follow our school on Facebook and Twitter and synch our calendar with yours at [mundareschool.ca](http://mundareschool.ca)

something negative, and instead using the internet to spread kindness - because we know that Nice Needs No Filter!"

If you wish to help show support and fundraise for anti-bullying programs in Western Canada you may purchase an official Pink Shirt Day t-shirt, bracelet, or pin at a London Drugs location beginning February 1, 2018.

### **NAIT Cardboard Boat Competition**

On Jan 31, a team of three junior high girls took part in the Skills Canada boat races at NAIT. The competition involved designing a cardboard boat from two 4' x 8' sheets of ¼ inch plywood, an 8' roll of duct tape and a roll of packing tape. The competition was based on 4 parts; planning and design, visual appearance, a speed race where one person paddles the boat across the pool, and a weight test where all three members of the team must sit in the boat for one minute while it floats. Our girls performed fantastically; their design was carried out to near perfection according to their plans, their proportions and decorations were spot on, and Marion successfully paddled their boat across the pool in good time (this feat was only accomplished by about 1/3 of the boats. Unfortunately during the race the sides of the boat got a little water logged and during the weight test the boat folded in half. The girls all stated that they had a wonderful time and we are looking forward to doing it again next year. A huge thankyou goes out to Taya Burke from Careers: The Next Generation for helping us get entered and taking care of us throughout the day.



Jason Lafrance

### **Jump Rope for Heart**

Thank you to everyone who participated in the Jump Rope for Heart campaign this year! We helped raise funds for the Heart and Stroke Foundation and promoted a healthy lifestyle while having fun. This year Mundare School received a banner in recognition of participating for 15 consecutive years in the Jump Rope for Heart campaign! Way to go Mundare!



### **Positive Affirmations**

In celebration of Bully Awareness Week the bulletin board by the gym will provide positive affirmations to staff and students during the month of February.



### **Band Camp**

On February 22 and 23, the Mundare Junior High Band students are off to Gull Lake to enjoy Band Camp. Going with Vegreville Composite and three other schools, students will learn more about their instruments in between Music Olympics, swimming, playing games, and rehearsing music. It is sure to be an action-packed, fun trip!



\*Remember to follow our school on Facebook and Twitter and synch our calendar with yours at [mundareshool.ca](http://mundareshool.ca)

## **Wendy Brook Music Festival**

Reminder that Wendy Brook Music Festival is coming up the week of March 12. Each class is working on musical selections to perform in Vegreville, which are open to the public to watch. If students are wanting to perform solo or in small groups, the deadline to register is Wednesday February 7 (more information on page 8). This is a great chance to showcase the talent of Mundare students.

## **Accountability Pillar**

As an annual check-up on the education system, the Accountability Pillar provides an opportunity for Alberta Education and school authorities to ensure that we are equipping students for success.

The Accountability Pillar uses a set of 16 indicators. Data on these indicators consists of surveys of students, parents and teachers on various aspects of education quality, student outcomes such as dropout and high school completion rates, and provincial assessments of student learning.

From January to the end of February, Alberta Education will be conducting the annual Accountability Pillar Survey.

- In January, parents of students in grades 4 – 8 will receive a survey from Alberta Education.
- In February, students in grades 4 – 8 and all teachers will be completing their surveys online at school.

All surveys are anonymous and ask questions about experiences with your school.

Your participation in the survey helps provide important information on the quality of education your child is receiving, so we encourage you to return your survey promptly.

Survey results will be available to school authorities in May 2018, and will be reported publicly as part of their 3-Year Education Plans and Annual Education Results Reports.

Liane Schultz

## **Kindergarten Registration**

Is your child turning five on or before Dec. 31, 2018? If so, it's time to register for kindergarten. Kindergarten registration is now open for the 2018-19 school year. To register, simply complete the online registration form at [www.eips.ca/registration/kindergarten](http://www.eips.ca/registration/kindergarten).

### **Kindergarten Registration Check List:**

Determine your child's designated school

Scan and upload all required documents: proof of name, residence, date of birth and citizenship.

Additional documents to scan, if applicable include: Guardian Letter and Parental Custody Agreement if restrictions on access.

Once the online registration is complete and submitted, a confirmation notice is sent to the given email address.



\*Remember to follow our school on Facebook and Twitter and synch our calendar with yours at [mundareshool.ca](http://mundareshool.ca)

*NOTE:* The paper copy is no longer available. For step-by-step instructions on how-to use the online form visit the [EIPS Registration](#) web page.

Families will be advised in April about the results of the application process.

Additionally, to help families prepare for kindergarten, Elk Island Public Schools has put together an online toolkit to make the transition as smooth as possible. The kit includes information on registration, important dates, programming options, what to expect, eligibility, how to find your designated school, transportation and more. Find it by visiting [www.eips.ca/programs-services/kindergarten](http://www.eips.ca/programs-services/kindergarten).

Additional information regarding kindergarten can be found on our school website at [mundaeschool.ca/programs/programs](http://mundaeschool.ca/programs/programs).

### **EIPS Launches New Pre-Enrolment Process**

Elk Island Public Schools (EIPS) is launching a new pre-enrolment process to simplify the way it registers students for the upcoming year, collects information, and manages requests to attend a non-designated school. The pre-enrolment process allows the Division to verify all student information for every child prior to the start of the new school year.

Each spring, EIPS families will receive an email from the Division asking them to confirm their child's enrolment in a school for the upcoming year using a secure online pre-enrolment form. By logging in to PowerSchool, families can indicate which school their child plans to attend; apply to attend a non-designated school, if applicable; and update any required student information—such as phone numbers, addresses and emergency contacts. If circumstances change, families also have the ability to update their child's data throughout the year.

**The pre-enrolment process for the 2018-19 school year takes place from March 1-15 of this year.**

### **Applying to attend a non-designated school?**

The new pre-enrolment process also eliminates the former Boundary Exemption Request Process. Now, returning students who want to apply to a non-designated school can do so through the pre-enrolment process by indicating on the form the school they want to attend. Acceptance is not guaranteed; rather, it's based on available space. Some EIPS schools have closed boundaries because of high enrolment numbers and will not accept non-designated students for the 2018-19 school year. These schools will be identified prior to the pre-enrolment process. All families who apply to attend a non-designated school will be contacted and advised of the outcome in April.

*NOTE:* Any requests to attend a non-designated school or out-of-boundary program for returning students in grades 1-12 must be completed during the two-week pre-enrolment process to be considered for the next school year. The only exception: Students who move into the Division from outside the geographic area, or another community within the Division, following the deadline.

For more information visit [www.eips.ca](http://www.eips.ca).



\*Remember to follow our school on Facebook and Twitter and synch our calendar with yours at [mundaeschool.ca](http://mundaeschool.ca)



### **Measuring our Success: Complete the Accountability Pillar Survey**

Once again, Alberta Education is conducting its Accountability Pillar Survey—an annual check-up on the province’s education system. Every year, Alberta Education conducts the survey to gather information about the quality of education provided by Alberta schools and school authorities. The survey looks at various measures such as engagement levels, student wellness, student outcomes, and the classroom(s) and school climate.

Throughout the month of February, grade 4-8 students and teachers at Mundare School are completing the survey online at the school. Student participation is voluntary and completely anonymous. Students are assigned a random username and password to ensure survey responses aren’t linked to any individual student. The survey takes about 40 minutes to complete and is done within the school day during regular class time.

Additionally, parents and guardians of students in grades 4, 7, and 10 are also being surveyed—the province mailed the surveys in January. Again, the survey is anonymous and asks questions about experiences with your school. If you have a child in grades 4, 7 or 10, we highly encourage you to participate. The completed survey must be returned to Alberta Education by the end of February.

Results from the Accountability Survey are provided to Elk Island Public Schools each May. The Division then uses that data to inform its three-year education plans, its annual school education plans and strategies for continuous improvement. The results are also shared with EIPS families and school communities each fall in the Division’s *Combined Education Plan and Annual Education Results Report*.

For more information about Alberta Education’s Accountability Pillar Survey visit [www.education.alberta.ca/accountability-pillar](http://www.education.alberta.ca/accountability-pillar).

### **Stay Connected: Subscribe to EIPS email news**

Want to stay up-to-date on the latest news and events taking place at your school? Make sure to subscribe to Elk Island Public Schools’ (EIPS) email distribution list. Canada’s Anti-Spam Legislation (CASL) now requires the Division to have direct consent before engaging in electronic communication with its families. If you haven’t yet subscribed, simply visit [www.eips.ca/contact/synrevoice](http://www.eips.ca/contact/synrevoice). Once subscribed you’ll begin receiving Division- and school-related news—newsletters, information about upcoming events, parent- and community-engagement opportunities, important school-based updates and more.

**NOTE:** Even if you’re not subscribed, you will continue to receive emails regarding emergency situations and financial matters. Those who received notifications about high school attendance will also continue to receive those messages.



\*Remember to follow our school on Facebook and Twitter and synch our calendar with yours at [mundareshool.ca](http://mundareshool.ca)



EIPS appreciates your co-operation in ensuring its distribution lists are compliant with CASL and you continue to receive only the information you feel is important.



### **Wendy Brook Festival**

The Wendy Brook Music Festival dates are March 12, 2018 to March 20, 2018. Our festival is open to all ages, all instruments, band, choral, voice, community music, speech arts, and Ukrainian speech/song performances. The theme is – Vegreville Celebrating The Arts: 1906 – present. The syllabus, rules, schedule may be found on our website: [www.wendybrookmusic.wixsite.com/wendybrook](http://www.wendybrookmusic.wixsite.com/wendybrook)

Online registrations are now open. Registration forms may also be downloaded from our website. These completed registrations, with the fee, can be dropped off at the Medicine Shoppe, Main Street or mailed to Wendy Brook Festival, Box 58, Vegreville, AB T9C 1R1.

The **deadline** for festival registration is **Wednesday, February 7, 2018**. The annual Wendy Brook Music Festival concert will be held on April 5, 2018 at the A.L. Horton School gymnasium at 7:00 pm.

If you have any questions please call Larissa 780-632-4907 or email to [wendybrookmusicfestival@gmail.com](mailto:wendybrookmusicfestival@gmail.com)



\*Remember to follow our school on Facebook and Twitter and synch our calendar with yours at [mundaeschool.ca](http://mundaeschool.ca)

## em·pa·thy

NOUN: *the ability to understand and share the feelings of another.*

One of the most important social skills involved in bullying prevention is empathy – understanding and responding with caring to what others think and feel. Children are less likely to hurt and more likely to help someone if they can imagine themselves in that person's place and can share that person's thoughts and feelings.

## Teaching Empathy Skills

**Label Feelings:** Ask children to describe and label how they might feel in different bullying situations:

- If they saw someone being bullied
- If they were being bullied themselves
- If they bullied someone

Explain that bullying can lead to strong feelings, such as anger, frustration, and fear. While it is okay to feel these feelings, it is never okay to react by being mean and intentionally hurting someone.

Help your child learn to understand and manage their feelings, this will help them build empathy and it helps promote positive mental health.

## Teaching Empathy Skills

**Acts of Kindness:** Discuss how an act of kindness is the opposite of bullying because it helps another person feel **good** instead of **bad**. Help your children plan one act of kindness and let them know to pay attention to:

- How the act of kindness made them feel?
- How did the person receiving the kindness feel?
- How would their feelings be different if they had done an act of bullying, instead of an act of kindness?

Sit and talk with your child, asking them these questions. What will their next act of kindness be?

## Teaching Empathy Skills

**Helping Others Feel Better:**

**How can you know how someone else feels?**

Ideas: Listen to what they say, ask them how they feel, look closely at their face and body, watch what they do

**How can we recognize when someone is feeling bad or left out?**

Ideas: Their face looks sad; they are not laughing when others laugh, crying, not looking at anyone, or playing alone.

**How can you cheer up others who feel bad and help them feel better?**

Ideas: Pay attention to them, pat them on the back, ask them if they would like to play with you, sit with them

Tips for building empathy & to prevent bullying:

<http://www.prevnet.ca/>

<http://preventingbullying.promoteprevent.org/>

For more information about available programs and services in your area, please contact:

Addiction Services Help Line  
1-866-332-2322

Mental Health Help Line  
1-877-303-2642

 **811 Health Link**  
Health Advice 24/7



\*Remember to follow our school on Facebook and Twitter and synch our calendar with yours at [mundaeschool.ca](http://mundaeschool.ca)



# February 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>1</b> Jump Rope 4 Heart jump off	<b>2</b> Jump Rope 4 Heart donations due ECS Day	<b>3</b>
<b>4</b>	<b>5</b>	<b>6</b> Safer Internet Day Hot lunch orders due ECS Day	<b>7</b> Early dismissal @ 2:35	<b>8</b> Teacher Convention- no school	<b>9</b> Teacher Convention- no school	<b>10</b>
<b>11</b>	<b>12</b> Grilled Cheese lunch  Random Acts of Kindness Week	<b>13</b> ECS Day	<b>14</b>	<b>15</b> Grades 1-6 @ Sunridge ECS Day	<b>16</b> School closure- no school	<b>17</b>
<b>18</b>	<b>19</b> Family Day- no school	<b>20</b> ECS Day	<b>21</b>	<b>22</b> Boston Pizza lunch ECS Day	<b>23</b> Crazy Hair Day	<b>24</b>
<b>25</b>	<b>26</b> SAC mtg @ 6:30	<b>27</b> March hot lunch order forms sent home ECS Day	<b>28</b> Pink Shirt Day			

\*Remember to follow our school on Facebook and Twitter and synch our calendar with yours at [mundareschool.ca](http://mundareschool.ca)

